Brief on:
Re-Inventing Our Lives –
Handbook for Socio-Economic “Problem-solving”

When we study socio-economic issues we are actually studying the way our lives are planned. This Handbook targets to re-invent the way we think and deal with challenges in our life journey by re-inventing how our mindsets can visualise complex problems. Patterns of problem structure and its activity profile are shown in relevant to discovering ‘hidden opportunities’ in the socio-economic issues.

The problem outcome is linked to effective problem scenarios and visualised stories. The dynamics of the socio-economic complex situations are explained based on the different ‘styles of thinking’ not the ‘competency of problem-solving’.

As the modern societies are becoming more complex, every day, where information is becoming very difficult to contain, or manage with its high availability and accessibility, our capacity to handle it should develop too in the
same speed. The unstable dynamics of life issues are challenging and prompting communities to constantly rethink, switch directions and challenge the socio-economic problem-solving strategies. Thus, it is increasingly important to develop strategies that apply new knowledge to the complex situations which can be formalised in the day-to-day activities. Thus this Handbook of Socio-Economic “Problem-solving” targets to re-invent the way we think and deal with challenges in our life journey through re-inventing how our mindsets can visualise the purpose of complex ‘problems-finding’ before starting the journey of ‘problem-solving’. The handbook focus on building a renewed mentality that gives the reader a comprehensive view of dealing with and exploring solutions to problems and challenges through habits and behaviours that deal with problems and challenges.

The handbook work first in building high capacity of the problem solver to understand the values of dealing with complex community problems. Much of the work here focus on increasing the efficiency of ‘problem-finding’, besides the quality and readiness to the ‘problem-solving’ outcome. Gradually the increase of this capacity create a shift towards reducing the cost of the problem in stages, thus creating less extrinsic resource dependent business-model solutions. This exercise enhances our ability to have both reverse- and creative-thinking which would help us to solve problems through transforming the opportunities into final outcome solutions.

Establishing life-purposefulness while dealing with socio-economic problems, is highly targeted in the approaches of this handbook. The experiences and the case reviewed shows that working with a mind that have life-purposefulness helps to capture the opportunities and take the right decisions regarding each problem or challenge inside a chronic community issue. Thus through setting ‘life purposefulness’, the problem solvers could set more accurate exploration that would help to optimise their internal strengths towards handling the most complex problems.

In the ten chapters presented in this handbook, the reader would travel through a journey on how to re-invent our socio-economies through realising first the principles of problem-solving along its core strings and differentiation tools.

The constructs and the anatomy of socio-economic problem-solving can help to establish a good start and a focus on what is the essence of the socio-economic problem-solving. In order to ensure the differentiation of the socio-economic problem-solving tools, a focus on how to simplify and transform the problem
solution is discussed. The utilisation of newly presented tools as ‘differential diagnosis’ to deal with complex problems are discussed in detail.

In this Handbook we investigate the complexity of socio-economic issues problem-solving journey from multi-disciplinary perspectives. The structure of the handbook helps us see how problem-solving labs contribute to its development and in tackling complex socio-economic issues. An investigation of the problem statements in the different problem-solving labs carried out by the author in the last five years, in different countries and conditions, is done to evaluate the importance of problem statements and new way of thinking in creating effective community solutions. Breakthroughs in this field bring a solution that is a source for discovering more opportunities and creating inspiration currencies that creates better social and economic results and outcomes.

In this handbook, ‘problem sensitivity’ are developed through first particular socio-economic problem diagnosis that focus on the wealth of the unappreciated asset and the different perspectives in the problem. This give a shape to the socio-economic problems anatomy. The types of problem mental blockages are generated by the different socio-economic problem complexity are discussed. The case studies in the handbook show how our social life affects our economic outcomes.

Dr. Buheji in this first-ever “Handbook of Socio-Economic Problem Solving” shows how we can renew our ‘learning capacity’ and to extract factors that influence the problem outcomes. The diversified problem-solving techniques help the reader to build socio-economic perspectives.

This comprehensive handbook is made of ten chapters with 534 pages is available in the following bookstores and more than 30 book sales websites including Amazon:


Also, it is going to be available as Kindle e-book Version by end of next week.